

JAMIE ANDREW

Motivational Speaker

www.jamieandrew.com



“It seems to me that our greatest limitations are the ones we impose on ourselves. I want to encourage others to throw out these misconceptions and to be all they can be.”

Jamie Andrew is the incredible Scottish mountaineer who, despite having no hands and feet, has made some amazing ascents all over the world. As a quadruple amputee, Jamie has also made many other remarkable achievements, raising many thousands of pounds for charity along the way. Hear his story in the Marryat Hall on 2nd May, 2015.

“Jamie is a speaker who will inspire and move any audience, a truly remarkable achiever and human being”

MIKE STEVENSON

Communications Professional

Mike Stevenson is a speaker and creative thinker whose journey from rough sleeper to multi-award winning entrepreneur is a real tour-de-force.

www.sdsdundeeandangus.org.uk

Charity number SCO24115. Company Number SC160754

Self-directed Support

Dundee & Angus

FAIR CAIRD HALL

Saturday

2 MAY

10.00am - 4.00pm FREE

Find out about the exciting new approach to social care, self-directed support and meet a whole range of service providers.

Find out more at:

www.sdsdundeeandangus.org.uk

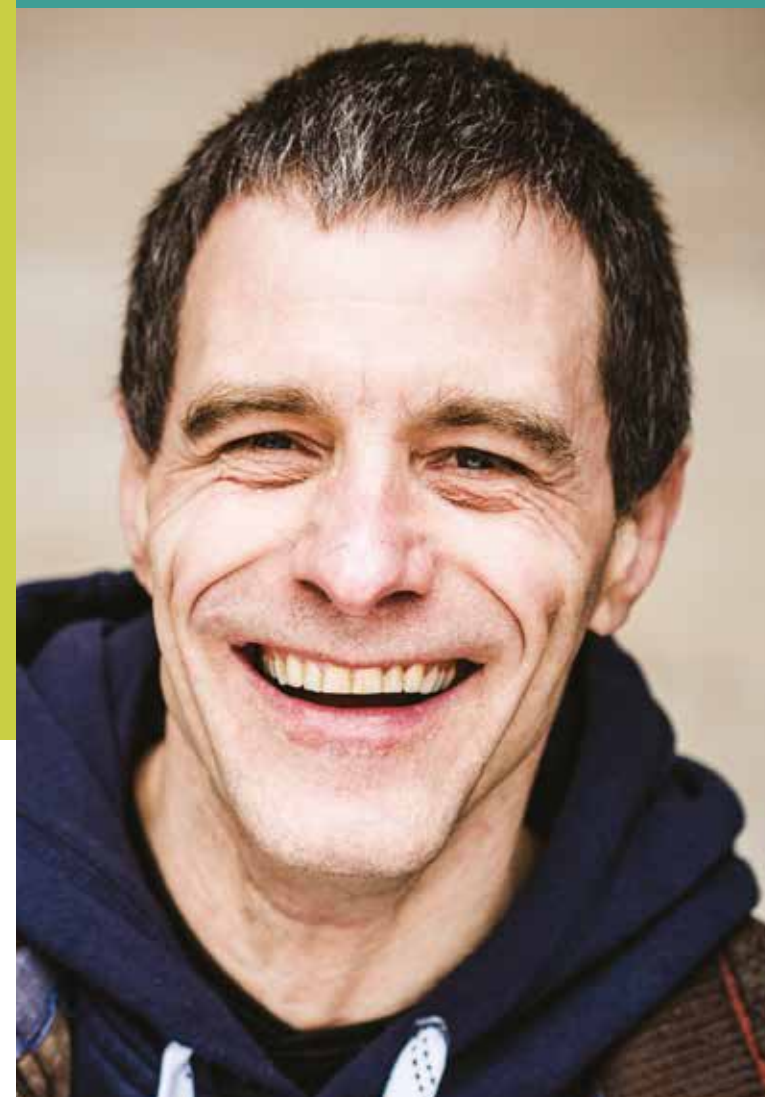
or call us on **01382 200422**



Before receiving self-directed support, I was being put to bed at 7.30pm, now that I'm in control I am going out at 7.30pm



Your life, Your choice



Your Self-directed Support

A mini guide to your future



What is SDS?

Self-directed support (SDS) is the new approach to supporting individuals, and their carers, who are eligible to access social care support services. It offers individuals choice, control and flexibility over the support they receive and how it is provided to them, by choosing one of the following 4 options.

Option 1

“I get the money to spend on support I choose.”

Option 2

“I let the local authority or an organisation I choose hold the money but I tell them how to spend the money”

Option 3

“I let the local authority decide how to spend the money”

Option 4

“A mix of options 1, 2 and 3”

**Your life,
your choice.**

Real people, real stories.

Keith

As parents we were determined that our son would lead as independent a life as possible and he has been able to do this through directing his own support. He played for several years in a local darts team and he attends church every Sunday as well as a variety of social activities, all with support from his personal assistants.

Mandy

Using self-directed support gave me back my life and a lot more independence

“ Self-directed Support is about “putting power, control and responsibility back where it belongs, with the individual, while providing a safety net for those who wish to remain with local authority services”

(Baird, 2012)



Greg

As Greg has grown and developed, directing our own support has allowed us to be flexible with what support is needed and at what times. Initially the role was about supporting Greg as a 19 year old, taking him to the pub, the cinema and going to play pool. Although these things remain important to him, as Greg has matured, it has been important to have support workers who can also assist with teaching him cooking and cleaning skills and supporting him in the workplace. Directing our own support has allowed this flexibility.

Alan

I feel that we are very lucky to have a system like this here in Scotland as it does allow people like me to take more control of our own lives and enjoy it as much as possible.