

Long-stay-Carer

Females only need apply as permitted under Schedule 9, part 1 of the Equality Act 2010.

I am supporting a family to recruit a team of long-stay carers with four positions available.

4 weeks on – 2 weeks off basis. Reference - DH167714

2 weeks on – 4 weeks off basis. Reference – DH167712

Two relief workers to support with these positions to cover any holiday or sickness cover. Reference – DH16771R

To apply, please send a CV and quote the job reference number for the position you are applying for to

Dianne.hutton@dundeecarerscentre.org.uk.

7 hours per day.

Day rate of £150 per day, however the daily rate may be discussed and negotiated for self-employed personal assistants.

This role is for an immediate start.

Travel to this role is subject to negotiation.

Includes all accommodation, with private bedroom and shower room.

Ability to communicate clearly and effectively in English, both verbally and in writing to understand care plans and complete records accurately

Position overview

The live-in-carer will provide full-time support to a wheelchair-dependent lady within her home. The role focuses on maintaining dignity, independence, comfort, and safety while assisting with daily living activities and companionship.

Key responsibilities

1. Personal care

- Assist with all aspects of personal hygiene (washing, bathing, oral care, grooming)
- Support with dressing and undressing
- Assist with toileting and continence care
- Support with repositioning to prevent sores
- Apply creams or medications (as directed)

2. Mobility & transfers

- Safely assist with transfers (bed <> wheelchair, wheelchair <> toilet, etc.)
- Use mobility aids and equipment (e.g., hoist, transfer board) if required
- Ensure correct positioning for comfort and health
- Monitor and report any mobility changes
- Support with communication difficulties and problems with balance

3. Medication Support

- Prompt or administer medication as prescribed
- Maintain accurate medication records
- Monitor for side effects or concerns and report appropriately

4. Meal Preparation & Nutrition

- Prepare nutritious meals based on dietary needs and preferences
- Assist with eating and drinking if required

- Ensure kitchen cleanliness and food safety

5. Household Duties

- Maintain a clean and safe living environment
- Light housekeeping (laundry, ironing, tidying, cleaning)
- Shopping for groceries and essentials
- Managing household supplies

6. Companionship & Emotional support

- Provide friendly companionship and conversation
- Encourage hobbies, activities and social interaction
- Support emotional wellbeing and independence
- Accompany to appointments or outings when needed

7. Health Monitoring

- Observe and report any changes in physical or mental health
- Monitor skin integrity (especially pressure areas)
- Record daily notes (care logs, incidents, concerns)
- Liaise with family members and health care professionals.

8. Safety and wellbeing

- Ensure a safe home environment at all times
- Follow moving & handling guidelines
- Be aware of emergency procedures

- Promote dignity, respect, and privacy

Working Arrangements

- Live-in role with agreed rest periods and time off
- On-call support may be required during the night
- Accommodation and meals provided

Essential skills & experience

- Experience in personal care, ideally with wheelchair users
- Knowledge of moving and handling techniques
- Compassionate, patient, and respectful approach
- Good communication skills
- Ability to work independently and responsibly

Desirable qualifications

- NVQ Level 2/3 in Health & social care (or equivalent)
- Manual Handling training
- First aid training
- Experience with hoists or specialist equipment

Personal Qualities

- Kind, empathetic and reliable
- Respectful of privacy and dignity
- Flexible and adaptable
- Trustworthy and professional

Additional notes

- The carer must respect the client's preferences, routines, and independence at all times.
- Confidentiality must be maintained
- The role may evolve based on changing needs.

The Self-directed Support Service exists to support people to employ their own Personal Assistants and/or purchase services using direct payments. As an organisation we are not the employer but assist people to look for staff if they need them. If you are employed, your contract will be with the person in receipt of Option 1 (Direct Payment) and not with the Self-directed Support Service.