



Self-directed Support Service

Dundee and Angus

Your Support Your Choice

Dundee



Self-directed Support (SDS)

Self-directed Support gives everyone who needs social care services or support the opportunity to lead the life they choose within their own home and community, including children, adults and unpaid carers.

The four options are:

Option 1

You receive the funds (**Direct Payment**) to buy support yourself

Option 2

You choose the support you would like and it is arranged for you

Option 3

The Health and Social Care Partnership or Children's Services arranges support on your behalf

Option 4

A combination of all three options.



Self-directed Support Service

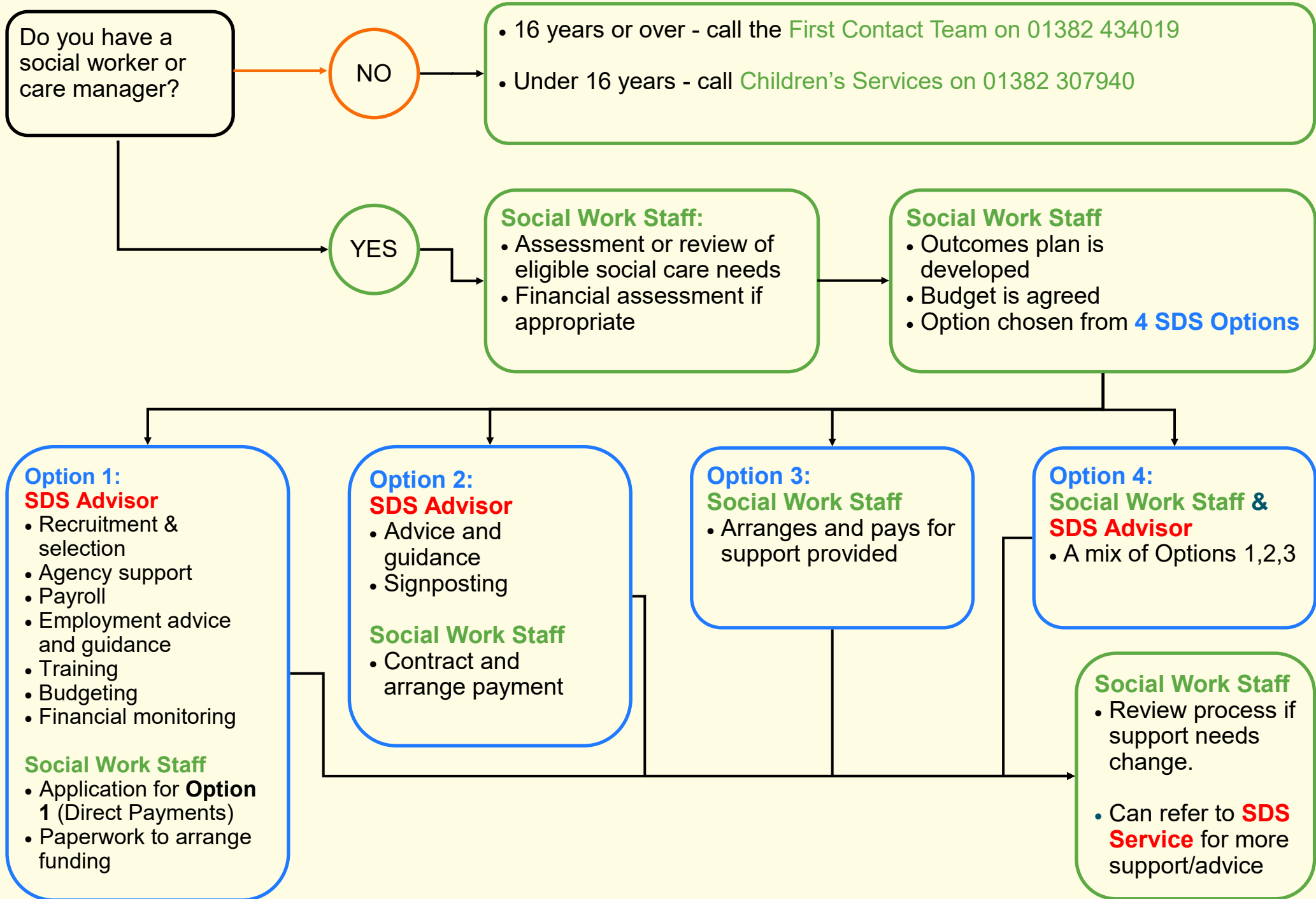
The SDS team work across Dundee & Angus providing advice and guidance to disabled people and carers who are going through the SDS process. We can help you to understand your SDS options and provide you with information to make an informed choice. We can also answer any questions and discuss any concerns you may have about SDS.

If you choose **Option 1 Direct Payment**, we can help you with:

- ◆ Navigating your way through the SDS Option 1 Direct Payment process;
- ◆ Recruitment and Selection;
- ◆ Setting up as an Employer;
- ◆ Working out hourly rates of pay;
- ◆ Financial Monitoring; and
- ◆ Advise on any other SDS direct payment related matters.

If you choose one of the other options we can provide you with advice and guidance and signposting if required.





Carers Budget

Since the Carers (Scotland) Act 2016 was introduced, unpaid carers have the right to request an Adult Care Support Plan (ACSP) or a Young Carers Statement (YCS). This plan allows you to think about what support you want and need in order to continue in your caring role. If a carer meets the local eligibility criteria they are able to access Self Directed Support to meet their identified needs and outcomes.

If you are a carer and would like more information about the range of supports available to you, please contact **Dundee Carers Centre 01382 200422**
centre@dundecarerscentre.org.uk

If you feel you could benefit from having more planned support to help you in your caring role and would like to request an Adult Carer Support Plan please contact:

- The worker in Health and Social Care who works with the person you support; or
- If you do not know how to contact this worker or there is no worker involved with the person you support you should contact **First Contact Team, Dundee Health & Social Care Partnership on 01382 434019 or by emailing: firstcontact.teamadmin@dundeecity.gov.uk**

Payroll Service

Dundee Carers Centre also has a Payroll Service for people who choose Option 1 (Direct Payment) to employ their own Personal Assistants and would like some support with managing payments.

The Payroll team are happy to discuss tailoring the service to your needs, but usually offer three levels of support to choose from:

- ◆ Basic Payroll Service
- ◆ Intermediate Support Service
- ◆ Third Party Money Management Service

For more information about any of these services, please contact us—our details are on the back page of this leaflet.

Other payroll services are available and the SDS advisors can discuss these options with you.





Dundee Carers Centre

Because We Care

**Please contact us if
you would like more information:**



www.dundecarerscentre.org.uk
www.sdsdundeeandangus.org.uk



Tel: 01382 200422



SDS Queries:

sds@dundecarerscentre.org.uk

Payroll Queries:

payroll@dundecarerscentre.org.uk



Self-Directed Support

Dundee Carers Centre

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Dundee
Health & Social Care
Partnership


ANGUS
Health & Social Care
Partnership


The Scottish
Government

Company number SC160754. Scottish Charity number SCO24115