

Job Reference LMC/5186

Self Employed Personal Assistant

Forfar

£18.50 per hour

Females only need apply as permitted under Schedule 9, part 1 of the Equality Act 2010.

Arty, independent, free-thinking woman, looking for a Self Employed Personal Assistant to join small team, to support my independence.

Shifts are weekdays, 10 – 1, arranged by discussion and mutual agreement, however there will be times when I need you to be flexible as

I also need support to go out and about at other times as mutually agreed.

You must have access to a vehicle with insurance.

Roles could include Shopping, Cooking, Cleaning, Laundry, Body-Doubling, Helping with Admin, Light Gardening, Personal Support, Driving to Appointments and Fun Events, and other responsibilities as they arise.

I have mobility challenges but Don't need Personal Care from you.

Essential Qualities: Good communication, attention to detail, support my personal choices even if they seem quirky to you, a good sense of humour, a calm and grounded presence, and excellent timekeeping.

Life experience and the right person is much more important than qualifications. You might not have the right 'care' experience on your CV but have the essential qualities I am looking for and support my autonomy and independence.